

St Francis Xavier

Catholic Parish of Ballina



Respecting the traditional people of this land—past, present and future, the Bundjalung people.

**St Francis Xavier Church,
47 Cherry Street, Ballina.**

welcome

**Holy Family Church,
94 Ballina Street, Lennox Head.**

18th Sunday in Ordinary Time (B)

4th August, 2024

Weekend Mass Times Ballina

St Francis Xavier Church
Saturday Vigil— 5.30 pm
Sunday — 9.00 am
Sunday — 11.00 am

Lennox Head
Holy Family Church
Sunday —7.30 am

WEEKDAY MASS

At St Francis Xavier Church
TUESDAY TO FRIDAY
12.00 noon

ADORATION FRIDAY
 11.00 am to 11.45 am



RECONCILIATION
 9.00 am Saturday ~ Ballina
 St Francis Xavier Church

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Feast Days

The Transfiguration of the Lord,
Tuesday

St Mary of the Cross
Thursday

St Lawrence
Saturday

We are a community who welcomes everyone without exception.

PARISH NOTICES

'WELCOME' 2024 CONFIRMATION CANDIDATES AND THEIR FAMILIES.

This week the focus for our parish candidates for Confirmation is: **'Called by Name'**. Children will hold their battery lit candles standing near the Pascal candle and together we pray the following prayer:
All: 'These children have received the light of Christ.

Loving Father,

We thank you for sending your Son Jesus to be the light of the world, and to show us the way to you.

Thank you for the day we were baptised.

May Jesus always live in our hearts, in the hearts of these children.

May Jesus be light and love for us all.' Amen.

We welcome each candidate and their family to our weekend Masses.

The Sacrament of Confirmation will be celebrated on Thursday 15th August in St Francis Xavier Parish Church.

Please gather at 5.00 pm to be seated by 5.15 pm

Bishop Greg will begin at 5.30 pm



SINCERE SYMPATHY : Our parish community extends sincere sympathy to the family and many friends of **Father John Kelly** who has sadly passed away.

A concelebrated Requiem Mass will be held **this Monday 5th August** at 11.00 am in St Francis Xavier Church, Ballina.

ST FRANCIS XAVIER PARISH WOMEN'S REFLECTION DAY

Finding Peace ~ Franciscan Spirituality with Caroline Thompson

Sunday 18th August, 2024 10.00 am to 3.00 pm

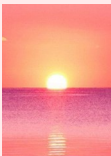
in St Francis Xavier Primary School Hall

Morning tea and lunch will be provided.

To register please contact the Parish Office

6681 1048 by Monday 12th August

Go to: <https://bit.ly/SFXWRD24> or scan the QR code



LADIES OF OUR PARISH IF YOU ARE ATTENDING PLEASE BRING A PLATE TO SHARE FOR MORNING TEA. Thank you.

PARISH 'CUPPA' in the grounds of St Francis Xavier Church, this Sunday 4th August, following the 9.00 am Mass.

Everyone is very welcome.



DEVOTION TO THE HOLY FACE OF JESUS TUESDAY 10.00 AM AT HOLY FAMILY CHURCH LENNOX HEAD.

Low Gluten Hosts are available from the Priest at all weekend Masses.

PRESBYTERY: Phone: 6686 2042
AFTER HOURS MOBILE: 0423 445 639

Administrator of Ballina Parish: Father Peter Padsungay
Assistant Priest: Father Anselm Okeke
Deacon: Rev Assoc. Prof Anthony Gooley
Pastoral Associate: John Kearney Email: john@sfxballina.org.au
Parish Youth Co-Ordinator: Kailani Tiernan Email: ktiernan@sfxballina.org.au
 Phone: 6681 1048; Fax: 6686 8774; Email: admin@sfxballina.org.au
 Mon to Fri 8:30 am - 4:00 pm - 53-57 Cherry Street - Postal Address: PO Box 46 Ballina 2478

PARISH ADMINISTRATION CENTRE:

www.sfxballina.org.au

PARISH LIBRARY:

Library available to parishioners Mon to Fri 9 am - 4 pm;

SCHOOLS:

St Francis Xavier Primary: 6686 3370 - Swift St, Ballina
 Holy Family Primary: 6687 5311 - 40 Isabella Drive, Skennars Head
 Xavier Catholic College: 6687 6484 - 2 Redford Drive, Skennars Head
 St Anne's Long Day Care Centre: 6687 5961 - 42 Isabella Drive, Skennars Head

AGED CARE:

Crowley Care Services: 1300 139 099 - 154 Cherry St, Ballina

19th Sunday in Ordinary Time, Year B: 10th/11th August, 2024
Readings: 1Kingd 19:4-8; Psalm 33; Ephesians 4:30-5:2; John 6:41-51

	5.30 pm Saturday Vigil	7.30 am Lennox Head	9.00 am Ballina	Sunday 11.00 am Ballina
Readers	<i>John Jarzynski Yvonne Head</i>	<i>Murray Deeps Amanda Deeps</i>	<i>Margaret Tay Nicole Sullivan</i>	<i>Warwick Manning Richard Goss</i>
EMOHC	<i>Mick Vella</i>	<i>Deacon Anthony</i>	<i>Denise Miller Cathy Campbell</i>	<i>Cheryl Bowen</i>
Offertory Procession			<i>Pam Hanson Gerry Taylor</i>	

PLEASE PRAY FOR OUR RECENTLY DECEASED:

Fred Flick, Judy Murray, Father John Kelly, Honor Brown, Nola Cummings, Patrick Crawley,

THOSE WHOSE ANNIVERSARIES OCCUR AT THIS

TIME: Maureen Donovan, Isley Smith, Bev Foley, Jack Chapman, Kevin Doherty, Aurelia Gardiman, Harry White, Pat & Tony Camilleri,

AND ALSO FOR: *Fabian Okeke, Carolina Bordin, Armando Bordin, John Patrick Moreland, Marj & Pat Hobbins, Ted Murphy, James & Mary Rogers, Cath Waddell, C & S Hosie, Mick & Gwynne Waugh, Fay Kerlake, Rina, Charlie & James Volpatti, Thama Walker, Bill & Jean Shay, Cecilia & Bill Condon Snr, Stan & Mary McKeough, Members of the SVdP Conference & Auxiliary & for all the faithful departed.*

AND FOR THOSE WHO ARE SERIOUSLY ILL:

Vince Newman, Phyl Cullinane, Ethelene Yuke, Shirley Kirkland, Nell Anderton, Doreen McIntyre (*Ireland*), Semmens family (*Tas*), Janice Ball, Michael Townsend, Barry O'Shea (*Dalby*), Peter Groom (*Dalby*), David Le'Feve (*London*), Jackie Wotton, Gordan Albany (*Syd*), Geoff Johannes, Mary Howard, Hallie Butler (*infant*), Lynette Holland (*Tas*), Kathleen Young, Loretta and John Heaton, Graham Clark, Kathy Fraser, Elizabeth Townsend, Mary Evans, Noeline Conyngham, Annemarie Higgins, Louise King, Michael Lyons, Neville Johnston, John Knightly (*Inverell*), Pam Murray, Virginia Kohlbach and family, Michael Hains, Ronald Windle, Jones & Skimmings family members, Carmel Hackett, Leila Atken (*Syd*), David Anderton, Maria Hosking, Kaley Nobbs, Dymrna Sheehy, Samantha Anderson, Aunty Julia Paden, Greg Campbell, Maree Doolan, Gregory Thomas, Jocelyn O'Brien, *unwell residents in Crowley Village, St Andrew's Nursing Home, RSL Life Care,*

UP COMING PARISH EVENTS 2024

6th August	Tuesday 10.00 am	'Cherry' Coffee
6th August <i>Holy Family Church</i>	Tuesday 10.00am	Devotion to Holy Face of Jesus
14th & 28th August	Wednesday 8.00 am	menALIVE Lennox Head
31st July to 18th September	Wednesdays @ 8.45 to 10.15 am	Quick Journey through the Bible
19th August	TAIZE 12.00 noon	SFX Church
15th August	Thursday 5-30 pm	Parish Confirmation
18th August	Sunday 10.00 am	Women's Reflection Day
31st Aug	Saturday 12.00 noon	Parish Lunch Cherry Street Bowling Club

CATENIANS ARE COMING : The Catenians, a Catholic laymen's association has received the blessing of Bishop Greg to form a new group in the Lismore Diocese.

***Our motto is Faith based Friendship
Connect with Catenians.***

Members of the Catenian Association will be visiting Ballina Parish on the weekend 17th/18th August. Brief presentations will be made at the end of Masses, registrations of interest taken brochures issued & invitations extended to join.

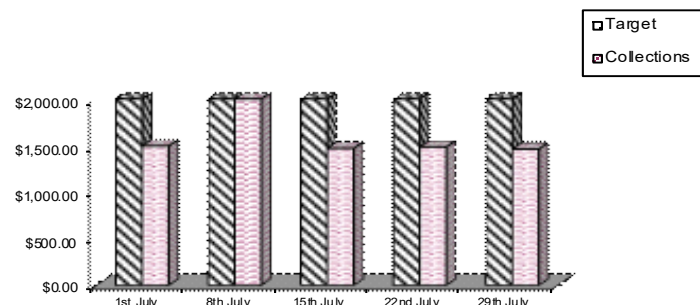
THANK YOU to all Parishioners for your continued efforts to maintain your pledge to the Parish Planned Giving program. **Thank you** also for your donations to the Presbyterium collection to assist the priests in our Diocese. Our sincere gratitude to all who give to the Parish and clergy. **Father Peter and Father Anselm**

SAINT FRANCIS XAVIER PARISH ~ **1st & 2nd COLLECTIONS ARE COMBINED IN THE ONE COLLECTION:** Parishioners are able to continue their contribution to our clergy and the parish if they wish by following the following information. By completing a form available from the Parish Office to have a credit card deduction each month for your Planned Giving Donation ONLY By making an EFTPOS donation —
***1st Collection to Ballina Presbyterium BSB: 082 522 A/c 50960 2127 ref: your name**
*** 2nd Collection to St Francis Xavier Parish BSB 082 522 A/c 50960 3218 Please use your Planned Giving number as reference.**

DIF PAYS 4.15% PER ANNUM
BALLINA AGENTS: Michael Shay, L J Hooker 87-89 River St Ballina 6686 2711 -

THIS WEEK'S COLLECTIONS

First Collection	<i>Support of our Diocese Priests</i>	\$ 674.95
Second Collection	Loose Plate	\$ 300.60
<i>Support of the Parish & Ministries & School Building & Maintenance Fund</i>	Planned Giving Envelopes Collected	\$ 1,462.50
Planned Giving Envelopes Weekly Target		\$ 2,009.00



BEING TRULY THANKFUL

Complaining about life's woes is a fairly common human experience. We find it in today's Exodus account of the Israelites wandering in the desert. Although they had been freed from slavery, they now find themselves in search of food and bitterly complaining of their situation to Moses and Aaron. Yet, we also know how the story ends: the Lord sends them heavenly bread, but only after they have been tested to learn the lesson that God does not abandon the chosen people.

"What have you that you have not received?" asks Paul in a letter to the complaining Corinthians.

We know we live in a world where so many have legitimate grounds for complaint: people without jobs, housing, education, medical necessities, drinkable water or adequate food. There are some Australians who live in urban and outback places who go without basic human needs.

Yet, most of us enjoy more than adequate 'things' to live by. Probably, though, we simply accept these 'gifts of life' without too much thought about the blessings we have received. Often it is those of us who have most who are the least aware of our need to be thankful. Everything we have, including life itself, says Paul, is a precious gift of our Creator.

In today's letter to the Ephesians, Paul asks us up front: are we still corrupted by illusions? Are our lives taken up with false desires – power, success, money, prestige – to the point that we Christians live an aimless kind of existence and have learnt nothing from Christ? No, says Paul, this is not good enough. Rather, we must undergo a "spiritual revolution" and "put on the mind of Christ" to learn that God's abundant blessings are everywhere about us.

After feeding of the 5,000, Jesus leads his disciples to spiritual awakening. He tells them they need to think beyond material things and "work for food that lasts forever". Most of the disciples remain dumbfounded and ask Jesus for (another) sign.

After all, they say, did not Moses give a sign by providing "manna in the desert"?

Jesus rebukes this kind of thinking, reminding them it was not Moses but God who gives "bread from heaven". Jesus then confronts them with his astounding claim: he is the true "bread of life"; and those who come to him will never be hungry.

As disciples, we are called to reassess our lives in light of Jesus' invitation to enter into living relationship with him. He is the "bread of life" we share in the Eucharist and other sacraments, the one we seek in prayer, the one we find in those most neglected, forgotten and in need.

If we stay centred on ourselves and our own little worlds, we will find many things that cause pain and sorrow. If we focus on the ills of the wider world, we will have even more reason for despondency, even despair. Rather, let us become spiritually alive to God's abundant generosity that is freely given. Let us become Christ for others.

Gerard Hall © Majellan Media 2024

PLANNED GIVING TAX RECEIPTS 2023/24

Tax receipts are now available for collection from the parish office administration office ~ Opening hours 8.30 am to 4.30



ST FRANCIS XAVIER PARISH LUNCH

Saturday 31st August, 2024

Cherry Street Bowling Club, Ballina

Main meal, sweets, tea/coffee in ticket price, drinks can be purchase from the bar.

Lucky Door Prize

Numbers limited to 100 with 10 tables of 10 people seated.

Tickets available at Parish Office \$25 each, please purchase your ticket by 25th August.

Position for CCD Coordinator - Diocese of Lismore

Reporting to the Bishop of the Diocese of Lismore, the Coordinator of the Confraternity of Christian Doctrine (CCD)/SRE Coordinator is responsible for ensuring the compliance of the Diocese of Lismore as an Authorised Provider in relation to Catechists teaching in NSW Public Schools.

The Director implements Child Protection training, classroom management, curriculum and training courses, manages authorisation and verification of Working with Children Checks.

You will have the option of working anywhere in the Diocese. If you would like more information or would like to submit your resume, email jobs@lismore.catholic.org.au. Applications close Sunday 4th August 2024.

Adult Online Faith Formation: Cycle 6 Courses are now open with The *Virtual Learning Community for Faith Formation* (VLCFF) at the University of Dayton, Ohio. The VLCFF offers over 100 online courses in adult faith formation. These courses are usually five weeks, with a commitment to spend around 5 hours per week reading and submitting responses/reflections. (There are no exams!) The cost is very reasonable, and further subsidies are provided because of the partnership with the Lismore Diocese. The price per five-week course is \$US50.

Registrations for Cycle 6 Courses are now open. Close on August 28. (Courses begin September 2.)

If anyone is interested in pursuing any of the listed courses, don't hesitate to contact Tony Worner at

VLCFF.LismoreDiocese@stagnesparish.org.au or 0436941280.

Learn more about the VLCFF at <https://vlcff.udayton.edu/about/> or through the St Agnes Catholic Parish website <https://stagnesparish.org.au/faith/>



Jubilee 2025
PILGRIMS OF HOPE

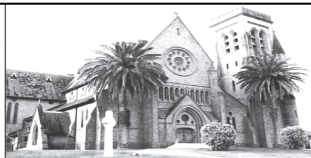
“ We must fan the flame of hope that has been given us, and help everyone to gain new strength and certainty by looking to the future with an open spirit, a trusting heart and far-sighted vision.”

POPE FRANCIS



The Catholic Diocese of Lismore Safeguarding Office.

If you or a person close to you has been abused by someone working or ministering within the Diocese of Lismore, we ask you to contact us. We will listen to you respectfully; offer support and discuss options you have available to you. Contact the Safeguarding Office Phone: **(02) 6621 9444** or



Invest with peace of mind

www.dif.org.au 1800 802 516



The Diocesan Investment Fund (DIF) is not subject to the provisions of the Corporations Act 2001 nor has it been examined or approved by the Australian Securities and Investments Commission. Deposits with the DIF are guaranteed by CDPF Limited, a company established by the Australian Catholic Bishops Conference for this purpose. We welcome your investment with the DIF rather than with a profit oriented commercial organisation as a conscious commitment by you to support the Charitable, Religious and Educational works of the Catholic Church. Neither the DIF nor the Trustees of the Roman Catholic Church for the Diocese of Lismore are prudentially supervised by the Australian Prudential Regulation Authority; contributions to the DIF do not obtain the benefit of the depositor protection provisions of the Banking Act 1959; the DIF is designed for investors who wish to promote the charitable purposes of the DIF.

First Reading: Exodus 16:2-4, 12-15;

A reading from the book of Exodus

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.' 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The Word of the Lord.

Responsorial Psalm:

(R.) The Lord gave them bread from heaven.

1. The things we have heard and understood,
the things our fathers have told us,
we will tell to the next generation:
the glories of the Lord and his might. **(R.)**

2. He commanded the clouds above
and opened the gates of heaven.
He rained down manna for their food,
and gave them bread from heaven. **(R.)**

3. Mere men ate the bread of angels.
He sent them abundance of food.
He brought them to his holy land,
to the mountain which his right hand had won. **(R.)**

Second Reading: Ephesians 4:17,20-24

A reading from the letter of St Paul to the Ephesians

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus.

You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The Word of the Lord.

Gospel Acclamation:

Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God.

Alleluia!

Gospel: John 6:24-35

A reading from the Holy Gospel according to St John

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

*'I tell you most solemnly,
you are not looking for me
because you have seen the signs
but because you had all the bread you wanted to eat.
Do not work for food that cannot last,*

*but work for food that endures to eternal life,
the kind of food the Son of Man is offering you,
for on him the Father, God himself, has set his seal.'*

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered:
*'I tell you most solemnly,
it was not Moses who gave you bread from heaven,
it is my Father who gives you the bread from heaven,
the true bread;
for the bread of God
is that which comes down from heaven
and gives life to the world.'*

'Sir,' they said 'give us that bread always.' Jesus answered:
'I am the bread of life.

*He who comes to me will never be hungry;
he who believes in me will never thirst.'*

The Gospel of the Lord

FOR THIS WEEK'S DAILY MASSES

TUESDAY 6th AUGUST, ~ THE TRANSFIGURATION OF THE LORD

Entrance Antiphon: In a resplendent cloud the Holy Spirit appeared. The Father's voice was heard: This is my beloved Son, with whom I am well pleased. Listen to him

Communion Antiphon: When Christ appears, we shall be like him, for we shall see him as he is.

WEDNESDAY 7th AUGUST AND FRIDAY 9th AUGUST

Entrance Antiphon: O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

Communion Antiphon: You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

THURSDAY 8th AUGUST~ FEAST ST MARY OF THE CROSS

Entrance Antiphon: Come, you blessed of my Father, says the Lord: I was sick and you visited me. Amen, I say to you: whatever you did for one of the least of my brethren, you did it for me.

Communion Antiphon: This is how all will know that you are my disciples, if you have love for one another, says the Lord.

DID YOU KNOW? *There is no Eucharistic action at the last supper in John's Gospel. Instead, it occurs at this point.

*The word 'Rabbi' in Hebrew literally means 'my great one.' At the time of Jesus it referred to masters or teachers who had a following of disciples who learned from them.

MAKING CONNECTIONS: What must you do to do the works that God wants?

Make time each day this week to reflect on the real nourishment you yearn for. What truly sustains your life?

Say often this week:

Lord, let me come to you so that I will never thirst or be hungry.